

The point of no return in vetoing self-initiated movements

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In humans, spontaneous movements are often preceded by early brain signals. One such signal is the readiness potential (RP) that gradually arises within the last second preceding a movement. An important question is whether people are able to cancel movements after the elicitation of such RPs, and if so until which point in time. Here, subjects played a game where they tried to press a button to earn points in a challenge with a brain–computer interface (BCI) that had been trained to detect their RPs in real time and to emit stop signals. Our data suggest that subjects can still veto a movement even after the onset of the RP. Cancellation of movements was possible if stop signals occurred earlier than 200 ms before movement onset, thus constituting a point of no return.

free choice | readiness potential | brain–computer interface | point of no return | veto

It has been repeatedly shown that spontaneous movements are preceded by early brain signals (1–8). As early as a second before a simple voluntary movement, a so-called readiness potential (RP) is observed over motor-related brain regions (1–3, 5). The RP was found to precede the self-reported time of the “decision to act” (ref. 3, p. 623). Similar preparatory signals have been observed using invasive electrophysiology (8, 9) and functional MRI (7, 10), and have been demonstrated also for choices between multiple-response options (6, 7, 10), for abstract decisions (10), for perceptual choices (11), and for value-based decisions (12). To date, the exact nature and causal role of such early signals in decision making is debated (12–20).

One important question is whether a person can still exert a veto by inhibiting the movement after onset of the RP (13, 18, 21, 22). One possibility is that the onset of the RP triggers a causal chain of events that unfolds in time and cannot be cancelled. The onset of the RP in this case would be akin to tipping the first stone in a row of dominoes. If there is no chance of intervening, the dominoes will gradually fall one-by-one until the last one is reached. This has been coined a ballistic stage of processing (23, 24). A different possibility is that participants can still terminate the process, akin to taking out a domino at some later stage in the chain and thus preventing the process from completing. Here, we directly tested this in a real-time experiment that required subjects to terminate their decision to move once a RP had been detected by a brain–computer interface (BCI) (25–31).

Results

Subjects were confronted with a floor-mounted button and a light presented on a computer screen. Once the light turned green (“go signal”), subjects waited for a short, self-paced period of about 2 s after which they were allowed to press the button with their right foot at any time. They could earn points if they pressed while the light was green, but lose points if they pressed after the light had turned red (“stop signal”). The experiment had three consecutive stages (Fig. 1A). In stage I, stop signals were elicited at random onset times (sampled from a uniform

distribution); thus, the movements were not being predicted. The EEG data from stage I were then used to train a classifier to predict upcoming movements in the next two stages of the experiment. In stage II, movement predictions were made in real time by the BCI with the aim of turning the stop signal on in time to interrupt the subject’s movement. The term “prediction” will be used here to denote any above-chance level of predictive accuracy, not only perfect prediction. After stage II, subjects were informed that they were being predicted by the computer and that they should try and move unpredictably, and another otherwise-identical stage followed.

The mean waiting time between trial start and electromyogram (EMG) onset across subjects and stages was 5,441 ms. The mean movement duration from EMG onset to button press across subjects and stages was 316 ms. There was no significant effect of stage on waiting time [$F_{(2,18)} = 3.36$, $P = 0.06$], but a significant effect of stage on movement velocity [$F_{(2,18)} = 9.86$, $P = 0.0013$], such that movements were faster in stages II and III (see *SI Appendix, Fig. S1*, for details on stages).

Fig. 2 shows average RPs, EMG signals, and button press times. During all of the experimental stages, the event-related potential time-locked to EMG onset showed the typical exponential-looking RP with a peak over channel Cz (2). The RP was not lateralized at

Significance

Many studies have shown that movements are preceded by early brain signals. There has been a debate as to whether subjects can still cancel a movement after onset of these early signals. We tested whether subjects can win a “duel” against a brain–computer interface designed to predict their movements in real time from observations of their EEG activity. Our findings suggest that subjects can exert a “veto” even after onset of this preparatory process. However, the veto has to occur before a point of no return is reached after which participants cannot avoid moving.

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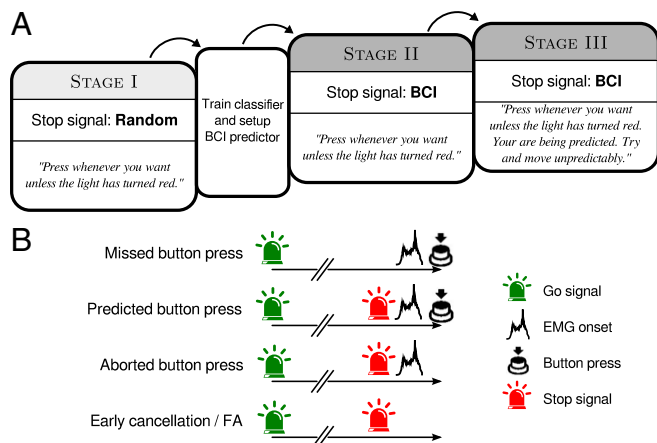


Fig. 1. Experimental design and possible trial outcomes. (A) The experiment consisted of three consecutive stages. During stage I, the stop signals were random. After stage I, a classifier was trained on button presses from stage I and the BCI predictor was activated. In the subsequent stages II and III, stop signals were elicited in real time by the BCI predictor. After stage II, subjects were informed about the predictor and instructed to try and move unpredictably. (B) Possible trial outcomes (see main text).

any time, which is to be expected for foot movements (32) where the cortical motor representation is on the medial wall. Despite the differences in experimental conditions, there was no significant difference between RPs in the three stages (Fig. 2). Thus, the instruction given to subjects between stages II and III to use strategies to avoid prediction did not alter the shape of the RP. We further performed a qualitative assessment of the amplitude of the RP at EMG onset. For this, we used the cross-validated classifier output at EMG onset (for details see *Experimental Procedures*) as an estimate for RP amplitude, since both quantities are directly related. The amplitude of the RP at EMG onset showed a significant negative correlation both with waiting time ($r = -0.10$; $P = 0.009$) and with movement duration ($r = -0.25$; $P < 0.001$).

Each trial could end in one of four possible ways (Fig. 1B): In the first case, a subject would press the button while the light was green without a RP being detected. We refer to these as “missed button press” trials. In this case, the participant won. A second case was when the computer detected the RP, turned on the stop signal, and the subject subsequently pressed the button within the next 1,000 ms. We term this a “predicted button press” trial. In this case, the computer has won the trial. Another possibility is that the BCI indicated a RP and elicited a stop signal but the subject did not press the button within 1,000 ms. Here, neither the participant won (because they did not manage to press the button without being detected) nor the computer won (because the participant did not move as the task required). At first sight, one might consider all of these trials as false alarms where the classifier indicated a movement while the participant had neither made a decision nor initiated a movement. However, it is also possible that the classifier detected a movement that was being prepared but that the participant was able to cancel in time. One such case would be if the participant started to move (as indicated by the EMG) but then did not complete the button press. We term this an “aborted button press” trial. A different possibility is that the stop signal was elicited but the participant showed no overt sign of movement. This could either result from a prepared movement being terminated at an early stage, which we call an “early cancellation.” Alternatively, this could reflect spurious or false-positive detection by the classifier, which we term a proper “false alarm.” As there is no observable difference between these latter two cases, we jointly refer to them as “ambiguous” or “early cancellation/false alarm” trials. Fig. 3 shows the

proportion of trials that had these four outcomes, separately for stages I, II, and III:

- i) Missed button presses: In stage I (black bars in Fig. 3) when stop signals were random, most trials (66.5%) end with an undetected button press, i.e., the subject wins. The proportion of these trials is substantially reduced in stages II and III when the classifier is active [31.9% and 30.8%, respectively; paired $t_{(9)} = 6.49$, $P < 0.001$, and paired $t_{(9)} = 9.99$, $P < 0.001$]. There is no difference in the number of undetected button press trials between stages II and III despite the fact that subjects were informed of being predicted and they were instructed to act unpredictably before stage III [paired $t_{(9)} = 0.33$, $P = 0.75$].
- ii) Predicted button presses: In stage I, a very small number of trials (1.2%) ends with a detected button press, i.e., a case where the (random) “classifier” has won. In contrast, during stages II and III, the proportion of such trials is strongly increased by a factor of around 18 [19.5% and 22.8%; paired $t_{(9)} = 5.52$, $P < 0.001$, and paired $t_{(9)} = 7.19$, $P < 0.001$].
- iii) Aborted button presses: In stage I, aborted button presses occur very rarely (2.2%), a rate that substantially increased in stages II and III [15.2% and 16.3%; paired $t_{(9)} = 2.67$, $P = 0.025$, and paired $t_{(9)} = 2.81$, $P = 0.020$].
- iv) Ambiguous (early cancellations or false alarms): These types of trials occurred with similar rates in stages I, II, and III (30.1%, 33.5%, and 30.0%) with no significant difference between stage I and stages II and III [paired $t_{(9)} = 0.77$, $P = 0.46$, and paired $t_{(9)} = 0.023$, $P = 0.98$].

If one were to count any movement after a stop signal (whether completed or aborted) as a win for the BCI predictor, then the

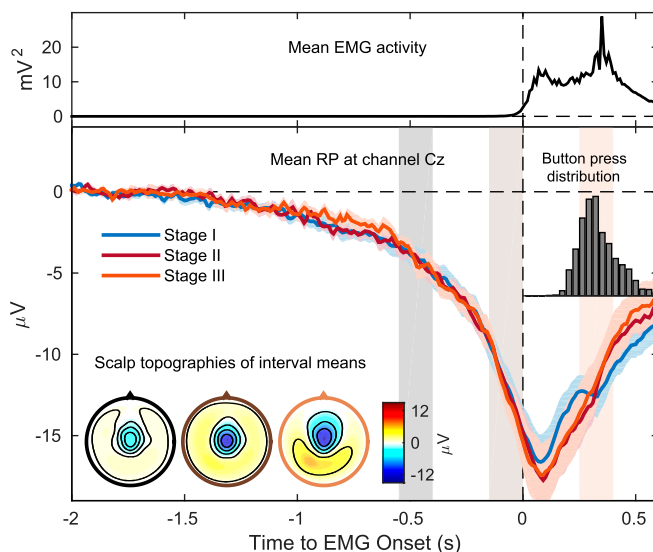


Fig. 2. Mean readiness potential (RP), EMG activity, and button press distribution. The top panel shows the average squared EMG potential recorded at the right calf, averaged over all stages and subjects. The *Inset* on the *Right* shows the button press distribution relative to EMG onset, pooled across stages and subjects. The three colored lines in the bottom panel show the grand average RP at channel Cz, during individual stages of the experiment. For stage I missed button press trials were used, for stages II and III silent trials were used because these were not interrupted by the BCI (see text for details on silent trials). Individual RPs were averaged across subjects (colored shadings indicate SEM). The scalp topographies show the EEG potential of all recorded channels, averaged over three time intervals indicated by the shaded regions: $[-550 -400]$ ms, $[-150 0]$ ms, and $[250 400]$ ms. There was no significant difference between RPs of the three stages [$F_{(2,18)} = 0.02$, $P = 0.97$; $F_{(2,18)} = 0.12$, $P = 0.89$; and $F_{(2,18)} = 0.20$, $P = 0.82$, respectively].

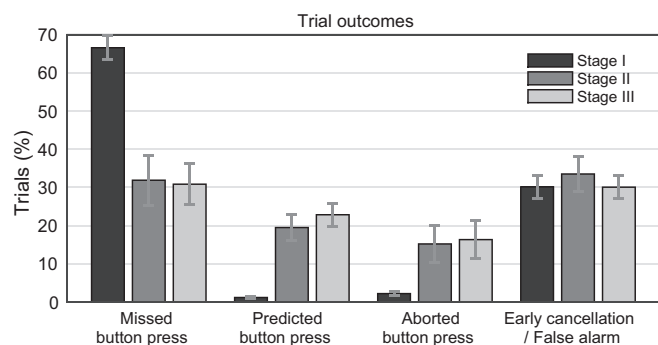


Fig. 3. Percentage of trial outcomes across stages for the four trial categories (as in Fig. 1B). All trial categories in one stage (bars of same color) add up to 100%. Shown is the average across subjects (error bars indicate SEM).

proportion of trials on which the BCI wins is considerably increased and there is no significant difference between subject wins and BCI wins in stages II and III [34.6% versus 39.1%; $t_{(9)} = -0.27$, $P = 0.79$, and paired $t_{(9)} = -0.88$, $P = 0.39$].

We also assessed how the timing of stop signals was related to movement onsets (as assessed by EMG). Fig. 4A (red) shows the distribution of stop signals in predicted button press trials. The vast majority of stop signals occurred after EMG onset; thus, when subjects had already begun to move but before the button was depressed. Here, the stop signal presumably came too late to prevent the subjects from finishing their movement and pressing the button. Fig. 4B (green) shows the distribution of stop signal times for aborted button press trials. Here, the stop signals occurred earlier (starting around 200 ms before EMG). Thus, when stop signals were presented at late stages of movement preparation subjects could not prevent beginning to move, even though they could abort the movement. There was a gradual transition between stop signal times where movements could be aborted and those where they could not be aborted (Fig. 4C). This presumably reflects a variability in trial-by-trial stop signal reaction times (24).

There were hardly any cases where subjects moved despite being presented with stop signals earlier than 200 ms before EMG. This is interesting given that the RP onset occurred more than 1,000 ms before EMG onset (Fig. 2). One possibility is that some detections were made at this early stage but that participants were almost always able to cancel the movement completely. To assess how early predictions could be made in principle, independent of the presentation of a stop signal, we studied the behavior of the predictor when stop signals were omitted. For this, 40% of trials in stages II and III were “silent trials”: Here, when the BCI predicted a movement, the time was silently recorded but the stop signal was not turned on and the trial continued until the button was pressed. As Fig. 4A–C (black distribution) shows, a majority of predictions also in silent trials occurred around movement onset. However, many silent predictions occurred more than 200 ms before movement onset, compatible with the early RP onset. These early predictions were not found for predicted button press trials (Fig. 4A, red) or aborted button press trials (Fig. 4B, green) when stop signals are active. Thus, had the stop signal been active for these early predictions, subjects might have been caught preparing a movement but been able to cancel preparation early enough to prevent any observable movement. Resolving this issue would directly address the question of whether trials with stop signals, but no overt movements, constitute early cancellations or false alarms, and thus help interpret this ambiguous trial category.

If a proportion of these trials indeed reflected early cancellations instead of false alarms, one might observe some signs of

movement preparation given that movement-predictive signals have been proposed to start before a decision (19). However, testing for the presence of an RP in the ambiguous trials would be biased: The classifier was trained to detect a RP and thus a false alarm should exhibit an RP-like topography as well. Thus, we searched for an independent indicator of movement preparation on ambiguous trials that was not based on the RP. For this we chose the event-related desynchronization (ERD) that occurs before and during movements in particular frequency bands in the EEG (33). ERD and RPs have been shown to have different generators in the brain and thus provide different information, therefore making ERD an index for motor preparation that is independent of the RP (34). We trained a classifier on the power contrast in those bands and tested it on the ambiguous trials (for full information on methods and results, see *SI Appendix, Fig. S2*). In this independent ERD analysis, movement preparation was also detected in ambiguous trials, but not in the random stop signal trials from stage I. Thus, at least a subset of ambiguous trials had likely already reached movement preparation and thus were not false alarms, but rather early cancellations.

We also used a questionnaire after each stage to assess subjects’ experiences and strategies during the different sections of the experiment (see *SI Appendix, Supplemental Methods and Results*, for details). When asked about their strategies during stages II and III, they reported “not thinking about the movements” (5 of 10), “pressing earlier” (4 of 10), or “trying to be more spontaneous” (4 of 10). When asked about whether they felt a connection between actions and the control of the light, several subjects reported that thinking about the movement caused the interruption (i.e., the light turning to red). As mentioned above, the changes

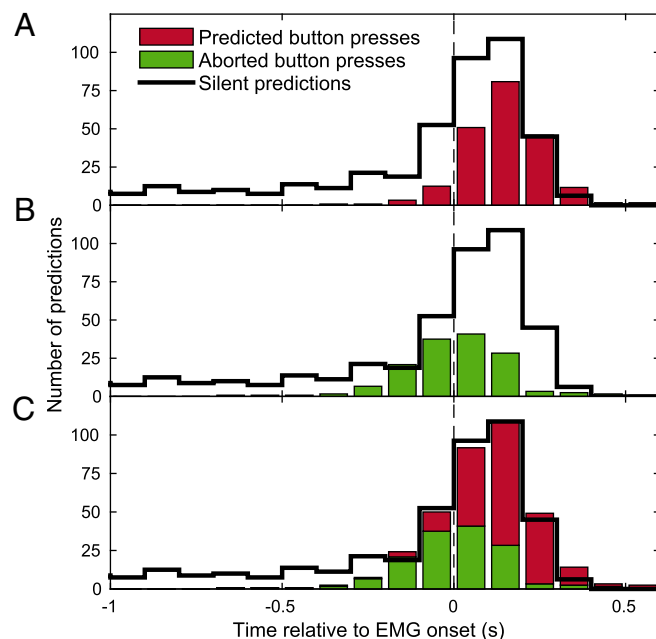


Fig. 4. Distribution of BCI predictions time-locked to EMG onset (vertical line). The three panels show the distribution of stop signals timings in predicted button press trials (A, red) and in aborted button press trials (B, green). C (red and green) shows their joint distribution. The black distribution superimposed as outline in all three panels shows the stop signal distribution in silent trials adjusted to account for the imbalanced probability of a trial being silent (40%) or not (60%). All bins comprised intervals of 100 ms, and counts were pooled across stages II and III of all subjects. Please note that, in silent trials, the distributions refer to the first stop signals that would have been emitted.

revealed by the behavioral analyses did not result in a modification of the recorded RP.

Discussion

Our findings extend an important line of experimental work on the nature of early brain activity preceding movements (4, 6–8, 19). Movement or intention detection has been typically studied off-line (35), whereas to date only few have undertaken the approach in real time (9, 26, 36). Neural mechanisms for the inhibition of cued as well as voluntary actions have been previously found in lateral and medial prefrontal cortex (PFC), pre-supplementary motor area (pre-SMA) and insular cortex (37–41). However, these inhibitory processes have not been directly linked to preparatory signals, and it has remained unclear whether subjects can intentionally override early brain signals. In contrast, our study combined aspects of real-time BCI with interruption studies (19, 42) and cancellation studies (24, 38, 39). Please note that our choices pertained to decisions “when” to move and “whether” to move, but it did not involve a choice between different responses (“what” choices; see ref. 43).

We found that the shape of the RP was not affected by the instruction. In stage III, when subjects were instructed to evade being predicted, the RP had the same shape as in the other stages (Fig. 2). This is compatible with previous reports that the shape of the RP is highly stereotypical across different experimental conditions (19, 23). When they were actively being predicted by the BCI, subjects “lost” the trial 50% more often, due to pressing the button after a stop signal had been shown (Fig. 3). The proportion of trials where subjects moved despite being presented with a stop signal increased about 18-fold. If not only completed movements but also partial movements are taken into account, the success rates of the BCI and of the subjects were even comparable. Please note that our design involved a self-paced or asynchronous BCI predictor (29, 30), which imposes certain limitations on accuracy compared with a BCI operating on fixed time intervals (*SI Appendix, Supplemental Discussion*).

Despite the stereotypical shape of the RP and its early onset at around 1,000 ms before EMG activity, several aspects of our data suggest that subjects were able to cancel an upcoming movement until a point of no return was reached around 200 ms before movement onset. If the stop signal occurs later than 200 ms before EMG onset, the subject cannot avoid moving. However, up until a second point of no return is reached (after movement onset), participants can still avoid completing the movement. Fig. 5 shows a hypothetical time line of events and stages leading up to a button press.

Baseline. In a first stage, a person has not yet engaged in preparing for a movement. If a RP is detected at this stage, it is due

to a false positive: a similarity between the RP shape and random fluctuations in brain activity. If a stop signal is elicited during this stage, this constitutes a false alarm. Please note that our data are agnostic as to whether the onset of the RP occurs before the preparation or not (see ref. 19).

Movement Preparation. At some point, a person decides to move and starts movement preparation. If a stop signal is presented during this period, movement preparatory signals can be observed, for example, a RP or ERD, but there are no overt signs of movement (as indicated by the EMG). However, an explanation is needed to clarify why people cannot prevent themselves from moving if the stop signal is presented later than 200 ms before movement onset. This cannot reflect the conduction delay between primary motor cortex and the calf muscles controlling the movement of the foot, because this delay is much shorter, around 25–30 ms (44). Instead, it presumably reflects the time it takes between the physical onset of the stop signal and the time the stop signal can catch up with and cancel a prepared movement (indicated by “X” in Fig. 5). This so-called stop signal reaction time has been reported to be around 200 ms (24), which is compatible with our data. So the time around 200 ms before movement onset constitutes a point of no return (19, 23) after which the initiation of a movement cannot be cancelled, even if it might still be possible to abort the completion of the movement.

Movement Execution. Once the efferent motor signals have reached the peripheral muscles, the person begins to move. In the early stages of this phase, it is still possible to abort the movement. As the movement progresses toward completion, this becomes less possible due to the stop signal reaction time. Aborting a movement at this stage constitutes a “late cancellation” because it occurs in time to prevent pressing the button but not in time to cancel signs of overt movement. Once a second, late point of no return is reached, the stop process cannot catch up with the go process in time to abort the completion of the movement and thus the button will be pressed.

A recent study by Schurger et al. (19) combined EEG with computational modeling in a Libet task with interruptions. They suggest that cancellation can occur at very late cortical stages up to around 150 ms before a movement. Previous work on event-related potentials has indicated that planned movements can be interrupted by stop signals until very late stages, even beyond central planning all of the way into motor execution (23). This has been taken to indicate that there is no final “ballistic” stage in the brain (or potentially even in the periphery) where a movement will necessarily unfold fully once triggered. Our data in contrast concur with those of Schurger and suggest that there is a point of no return around 200 ms before a movement after

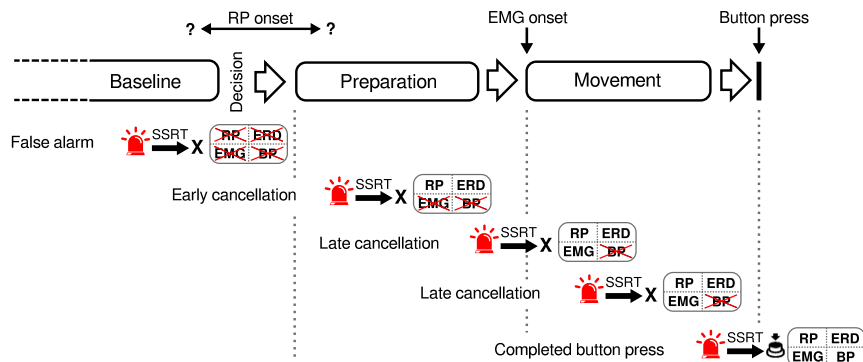


Fig. 5. Summary model of results (see text for details). Abbreviations: BP, button press; EMG, electromyogram; ERD, event-related desynchronization; RP, readiness potential; SSRT, stop signal reaction time.

which the onset of a movement cannot be cancelled (even if it is still possible to alter the movement).

Schurger et al. (19) interpret the RP to reflect the leaky integration of spontaneous fluctuations in autocorrelated neural signals. The interpretation of our data are agnostic in this respect. For our purposes, it is sufficient that the RP (or in the model of Schurger a stochastically accumulated signal) is to some degree predictive of the subsequent movement. Also, within the Schurger model, the accumulation of a leaky integrator is predictive of the probability of emitting a response. The more signal has been accumulated, the higher the probability that it can cross the threshold over the next brief time period. What is particularly interesting about the study by Schurger et al. is that they identify the onset of the decision not with the onset of the RP but with the final stage when the RP crosses a threshold in movement-related brain regions (19, 45). This postpones the potential period during which a decision can be influenced toward the end of the RP. Our study is compatible with this and suggests that a decision to move can be cancelled up until 200 ms before movement onset. Please note that our study used interruptions to cancel movement plans, which allowed us to assess a potential point of no return. In contrast, Schurger et al. (19) used interruptions to trigger movements, which does not directly reveal whether a movement can still be cancelled.

It has been previously reported that subjects are able to spontaneously cancel self-initiated movements (13, 38). This has been referred to as a “veto” (13). The possibility of a veto has played an important role in the debate about free will (13), which will not be discussed further here. Note that the original interpretation of the veto was dualistic, whereas in our case veto is meant akin to “cancellation.” Our study did not directly address the question of which cortical regions mediate the cancellation of a prepared movement. However, many previous studies have investigated the neural mechanisms that underlie inhibition of responses based on externally presented stop signals (reviewed in refs. 39 and 41). Please note that, in contrast to stop signal studies, in our case the initial decision to move was not externally but internally triggered. Conceptually, this could be compared with a race (24) between an internal go signal and an external stop signal. Many stop signal studies have reported that inhibition of a planned movement is accompanied by neural activity in multiple prefrontal regions, predominantly in right inferior PFC (41). It has been proposed that right inferior PFC acts like a brake that can inhibit movements both based on external stimuli or on internal processes such as goals (41). Another region that has been proposed to be involved in movement inhibition is medial PFC; however, its role is more controversial. On the one hand, stop signal studies show that activity in medial PFC might not directly reflect inhibition (37). However, it seems to be involved in cancelling movements based on spontaneous and endogenous decisions rather than based on external stop signals (38).

To summarize, our results suggest that humans can still cancel or veto a movement even after onset of the RP. This is possible until a point of no return around 200 ms before movement onset. However, even after the onset of the movement, it is possible to alter and cancel the movement as it unfolds.

Experimental Procedures

Subjects. We investigated 12 healthy, right-handed, naive subjects (7 females; mean age, 24.9; SD, 2.3 y). Two subjects (one male, one female) were removed directly after stage I because their low RP amplitudes yielded classifier accuracies near chance level. The experiment was approved by the local ethics board of the Department of Psychology (Humboldt Universität zu Berlin) and was conducted in accordance with the Declaration of Helsinki. All subjects gave their informed oral and written consent.

Task. Subjects were seated in a chair facing a computer screen at a distance of ~1 m. They were asked to place their hands in their lap and their right foot 1–2 cm in front of a 10 × 20-cm switch pedal (Marquardt Mechatronik

attached to the floor. The delay times between motor cortex and onset of EMG in the peripheral muscle (soleus) are well described and amount to around 25 ms (44), which is slightly slower than delay times for hand movements of 15 ms (46). However, depressing a pedal/button with the foot is a very standard effector. Especially to everyone driving a car, this foot movement is well learned due to its similarity to pressing the brake pedal in a motorized vehicle. It has also been studied in several BCI settings, e.g., in the context of emergency braking (47). The precise movement task consisted in lifting the foot from the floor and pressing the button as fast as possible and in a consistent way. Foot movements were chosen after piloting instead of hand movements because they yield larger RPs (32).

In the experiment, subjects played a novel game using aspects of interruption and stop signal tasks (19, 24, 38, 42). The framing of a game was chosen so that subjects would feel encouraged to generate spontaneous, endogenous movements before a stop signal from the predicting computer. The game was organized into three stages (each with two 10-min blocks), and each stage consisted of individual trials. Each subject performed an average of 326 trials during the whole experiment.

The start of a trial was signaled by the circle in the middle of the screen turning green. Subjects were instructed to wait for 2 s after the start cue, after which they could press the button at any time, unless the stop signal—indicated by the circle turning red—was shown. In that case, they were told to withhold any movements. Each trial could end either by an undetected button press or 1,000 ms after a stop signal was issued. In principle, this task design leads to four different types of trial outcomes (Fig. 1B). If the trial ends with the button press, the subject wins a point in the game and we refer to those as missed button press trials. If a stop signal is issued, there is a 1-s time window during which button presses are still possible before the trial ends. We distinguish between trials where the button is pressed during that interval, called predicted button press trials, or trials where the subject begins to move (as detected by the EMG) but does not press the button, called aborted button press trials, and finally trials where no overt movement at all occurred during that interval, grouped together in an ambiguous early cancellation/false alarm category. During stage I, stop signal times were randomly drawn from a uniform distribution in the interval 2–18.5 s after the trial start cue. During stages II and III, stop signals were triggered in real time by the BCI predictor trained beforehand. Furthermore, in these two stages, 40% of trials were randomly assigned as “silent.” These were always ended by the subject pressing the button because BCI predictions were recorded but the stop signal was turned off.

Before stage I, subjects were informed that the computer generated the stop signals “randomly” and that there was “no particular pattern.” No new information was provided to subjects before stage II, i.e., they were unaware of the change of the origin of stop signals. Before stage III, subjects were told that the computer was trying to predict them: “The computer will try to guess when you are about to move and interrupt you, the interruptions are based on your history of previous actions.” Subjects were asked not to test the system by making false or bizarre movements—with the new instruction that they should “try to be unpredictable.”

Questionnaire. A questionnaire was used to collect information about each subject’s subjective experience (*SI Appendix, Supplemental Methods and Results*). After each stage subjects were asked two questions: “Did you use a particular strategy during the last round?” and “Did you feel there was a connection between your actions and the appearance of an interruption?” After stage III, subjects were asked three further questions: whether or not they felt predicted; how good the computer’s predictions were; and if predictions had improved or worsened since the last stage. At the end of the experiment, subjects were paid 10€ per hour and earned a bonus based on the number of points they earned.

Data Acquisition. EEG was recorded at 1 kHz with a 64-electrode Ag/AgCl cap (64Ch-EasyCap; Brain Products) mounted according to the 10–20 system, referenced to FCz and rereferenced off-line to a common reference. In addition to the EEG, the right-calf EMG was recorded using surface Ag/AgCl electrodes to obtain the earliest measure of movement onset. The amplified (analog filters: 0.1, 250 Hz) signal was converted to digital (BrainAmp MR Plus and BrainAmp ExG), saved for off-line analysis, and simultaneously processed on-line by the Berlin Brain–Computer Interface (BBCI) (github.com/bbci/bbci_public) Toolbox. The Pythonic Feedback Framework (PyFF) (48) was used to generate visual feedback.

BCI Predictor. For the BCI predictor used in stages II and III, a linear classifier was trained using segments of EEG data from missed button press trials in stage I. Two periods were defined as “movement” and “no movement”: The

former were 1,200-ms-long segments preceding EMG onset, whereas the latter were 1,200-ms-long segments preceding the trial start cue. EEG data from those segments were averaged over 100-ms windows, resulting in 12 samples per window and channel. The samples from a subset of channels were concatenated and used as features to train a regularized linear discriminant analysis (LDA) classifier with automatic shrinkage (31). Channels in which the RP peak amplitude was above the mean RP amplitude across all channels were chosen as the subset; the number varied between 8 and 12 across subjects. EMG onset was determined by first rectifying the EMG signal and then detecting the time points exceeding a subject-specific threshold of 99.9% above baseline. The so-trained classifier was eventually used to make predictions of movements in real time during stages II and III. Every 10 ms, a feature vector was constructed from the immediately preceding 1,200 ms of EEG data and used as input to the classifier, generating a classifier output value every 10 ms. Please note that all timings of stop signals and classifier outputs pertain to a classifier that has access to information only backward in time, i.e., a classifier output at $T = 0$ ms integrates preceding information, but not subsequent information. Whenever the classifier output crossed a threshold, this was considered a prediction,

the event time was recorded, and a stop signal was issued (except for silent trials). The classifier output threshold was determined individually for each subject after training of the classifier. For this, we performed a 10-fold cross-validation on missed button press trials from stage I and—mimicking the real-time predictor with a sliding window—computed the time of first threshold crossing of classifier output for different threshold values. We assumed that predictions earlier than the onset of the RP at 1,000 ms before movement onset likely represented false positives. Because we sought to predict subjects as early as possible, the threshold was chosen such that the number of predictions in the interval $-1,000$ – 0 ms with respect to movement onset was maximal. Average RPs were computed by averaging EEG segments time-locked to the time of EMG onset and baseline corrected to the mean between $-2,000$ and $-1,800$ ms.

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